

MARTHA STEWART

Living

Sharing the 'Good Things'

PLEASURES
OF THE
SEASON

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Crafts sewing

linear thinking

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The simplest stitch in sewing—the running stitch—is also the most versatile. Usually a child's first lesson in needle and thread, this practical technique can lend a stylish touch to almost any textile in your home. All it takes is a little imagination.

PLAYING IT STRAIGHT A grid of running stitches on a burlap shade brings a bold look to an everyday object that might otherwise fade into the background. (For lampshade how-to, see www.marthastewart.com/runningstitch.)

